

Philippians 2:3 *Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves*

Christians believe that Jesus was both servant and king. He demonstrated this through His life, death and resurrection. Jesus taught his disciples what it means to be truly humble. Christians believe that they can serve God by demonstrating humility through their attitudes and actions. This approach to life runs contrary to many role models presented to children in the media and popular culture.



How to be humble...

- Be an optimist
- Accept that you're not the best at everything
- Know that humility is not false modesty
- Be grateful for what you have—and what you don't

Humility - the quality of having a modest or low view of one's importance: the quality of not being proud because you are aware of your bad qualities.

Humility comes from the Latin word *humilis*, which literally means low. If you feel humility in front of someone, you feel small — that you are just a simple, insignificant person. Someone who spends his life taking care of others shows humility. Although it's related to humiliation (which makes you feel low in a bad way), humility is usually used to talk about a lack of ego.

St Anne's CEVA Primary School

**Values for Life
TERM 5 - 2016**

HUMILITY



“Learn to Love...Love to Learn”

During this term we will be learning about how to stay humble and show humility in everything we say and everything we do. Year 2 will lead Family Worship on 23rd May @West Wick at 2.15pm. All are welcome.

Humility is not thinking less of yourself, it's thinking of yourself less.

C. S. Lewis

'Thank you' is the best prayer that anyone could say. I say that one a lot. Thank you expresses extreme gratitude, humility, understanding.

Alice Walker



For reflection.....

- In what ways do we encourage all members of the school community to serve one another?
- How do we encourage pupils to be empathetic and sympathetic to the experiences of others?
- How do we create an ethos in which children and adults are confident to ask for help and receive help from others?